



Eskakwa Ecoadventure Company Inc.

1141 Crawford St. Rosseau, Ontario, Canada, P0C 1J0
705-732-8254 contact@cabinfalls.ca

Participant Information Form

Participant Legal Printed Name _____ Date of Birth _____
Address: _____
E-Mail: _____ Home Phone: _____
Cell Phone: _____ Work Phone: _____
In Case of Emergency Contact: _____ Relationship: _____
Cell Phone: _____ Home Phone: _____ Work Phone: _____
Health Insurance #: _____

Health Insurance Information

Participants in outdoor activities should be free of medical, mental or physical conditions that might create undue risk to themselves or others who depend upon them. Good conditioning will increase your enjoyment of the outing activities. **Medical coverage is strongly recommended.** For those not covered under provincial health insurance, *PLEASE REVIEW YOUR PERSONAL INSURANCE FOR ADEQUATE COVERAGE.*

Personal Skill Evaluation

(For Canoeing & Kayaking)

___ None: No previous canoeing or kayaking experience.
___ Beginner: Knows basic strokes and can handle the boat competently in smooth water.
___ Novice: Can use effectively some basic whitewater strokes & negotiate easy rapids.
___ Intermediate: Can negotiate class II rapids & knows all fundamental whitewater strokes.
___ Advanced: Has experience running difficult or technical rapids with precision.

Swimming Level: Beginner: _____ Intermediate: _____ Advanced: _____

Health History

Do you have any allergies (bees, medications, foods, etc.) please list: _____
Are you taking any medications – please indicate type & dosage: _____
Any additional medical history or physical condition? _____
List any special food considerations: _____

Personal Interests

___ Photography	___ Sketching/painting	___ Meditation	___ Yoga
___ Fishing	___ Canoe skills	___ Swimming	___ Hiking
___ Survival training	___ Team building (environmental therapy)	___ Carving	
___ Birding	___ Reading/relaxing	___ Camping skills	___ Music